

Poway Alano Club Meeting Schedule & Notes

13939 Poway Road, Suites 10 & 11 (Second floor)
 13943 Poway Road, Suite A (Adjacent single story building)
 Poway, CA 92064 (NOTE TWO LOCATIONS)

AA = Alcoholics Anonymous, ACA = Adult Children of Alcoholics, EDA = Eating Disorders Anonymous, GA = Gamblers Anonymous, NA = Narcotics Anonymous

Suite 10: Upstairs small room, Suite 11: Upstairs large room, Suite A: Adjacent single story building

Day	Time	Meeting	Suite
Mon	7:00 am	AA discussion, open	Suite 11 / Zoom Info *
	12:00 noon	AA discussion, open	Suite 11 / Zoom Info *
	4:00 pm	AA discussion, open	Suite 11/ Zoom Info *
	5:30 pm	AI-Anon	Suite A / Zoom Available
	6:00 pm	AA discussion, open	Suite 11/ Zoom Info *
Tues	7:00 am	AA discussion, open	Suite 11/ Zoom Info *
	12:00 noon	AA discussion, open	Suite 11/ Zoom Info *
	4:00 pm	AA discussion, open	Suite 11/ Zoom Info *
	6:00 pm	NA discussion, open	Suite 11/ Zoom Info *
	6:00 pm	EDA discussion, closed	Suite 10 / 13939 Poway Road
	7:30 pm	AA discussion, closed, men	Suite 11/ Zoom Available**
Wed	7:00 am	AA discussion, open	Suite 11/ Zoom Info *
	12:00 noon	AA discussion, open	Suite 11 / Zoom Info *
	4:00 pm	AA discussion, cross-talk, open	Suite 11/ Zoom Info *
	6:00 pm	ACA literature study meeting	Suite A / 13943 Poway Road

Thurs	7:00 am	AA big book study, open	Suite 11/ Zoom Info *
	12:00 noon	AA discussion, open	Suite 11/ Zoom Info *
	4:00 pm	AA discussion, open	Suite 11/ Zoom Info *
	6:00 pm	AA discussion, steppin' out with the ladies, women	Suite A / 13943 Poway Road
	6:30 pm	AA step study, back to basics, open	Suite 11/ Zoom Info *
Fri	7:00 am	AA 12×12 study, open	Suite 11/ Zoom Info *
	12:00 noon	AA discussion, open	Suite 11/ Zoom Info *
	4:00 pm	AA discussion, open	Suite 11/ Zoom Info *
Sat	7:00 am	AA discussion, open	Suite 11/ Zoom Info *
	9:30 am	AA discussion, closed, women	Suite 11/ Zoom Available**
	12:00 noon	AA discussion, open	Suite 11/ Zoom Info *
	5:00 pm	GA/Gam-Anon, open	Suite 11/ Zoom Info *
	7:30 pm	AA International Speaker, open	Suite 11 / Zoom Info
Sun	7:00 am	AA discussion, open	Suite 11 / Zoom Info *
	9:00 am	AA discussion, closed, men	Suite 11 / Zoom Info *
	10:30 am	AA step study, 12 essential oils, open (2nd Sunday of month)	Suite A / 13943 Poway Road
	12:00 noon	AA discussion, open	Suite 11/ Zoom Info *
	5:30 pm	Experience Strength and Hope Recovery Story Writing	Suite 11

*General Zoom Meeting Information

ID: 980 4068 9680 PW: 835737

Not all Meetings use the Zoom App

**See Member of Board or Meeting Secretary for Zoom Meeting Information

Last Updated 8/16/2022